

Family Court Prayer Guide

Turning Every Family Courthouse into a House of Prayer

How to Use This Guide

Begin each day with the scripture, prayer, and declaration provided. Have prayer warriors

Pray aloud—there is power in speaking God’s Word over your circumstances.

You may want to write your own reflections or journal your prayers.

Start on the day you receive this, or align it so that **Day 7 falls on your next court appearance**. Day 6 is designed to be read the night before court, and Day 7 on the morning of.

You are not alone. May the truth be revealed, may your children be protected, and may your heart be strengthened in the presence of the Lord.

Introduction Letter

Hello, Beautiful Soul,

If you’re reading this, you’re likely standing in the gap—for your children, your peace, your future, and your sanity. The family court system can feel cold, chaotic, and cruel. But you are not alone. God is your defender, your shield, and your ever-present help in trouble.

This 7-day prayer guide was created to help you anchor yourself in truth while navigating post-separation abuse, litigation abuse, or simply the overwhelm of the process. Each day includes a scripture, a prayer, and a short declaration to remind you of who God is—and who you are in Him.

May your heart be strengthened. May the truth be revealed. May every family court house become a house of prayer.

Standing with you,

Rikki Shaw

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Day 1: Ephesians 5:11–13

"Have nothing to do with the fruitless deeds of darkness, but rather expose them. It is shameful even to mention what the disobedient do in secret. But everything exposed by the light becomes visible—and everything that is illuminated becomes a light."

Prayer: Lord, bring every hidden thing into the light. Expose lies, manipulation, and injustice. Give me wisdom to discern and courage to speak. Let the truth shine clearly before every judge and official.

Declaration: God's justice prevails. The truth will not stay buried.

Day 2: Psalm 31:13b–20

"They conspire against me and plot to take my life. But I trust in you, Lord; I say, 'You are my God.' My times are in your hands; deliver me from the hands of my enemies, from those who pursue me. Let your face shine on your servant; save me in your unfailing love. Let me not be put to shame, Lord, for I have cried out to you... In the shelter of your presence you hide them from all human intrigues; you keep them safe in your dwelling from accusing tongues."

Prayer: God, I feel surrounded and silenced. But I know You are greater. Hide me in the shelter of Your presence. Turn false counsel to confusion, and let peace reign in my heart.

Declaration: God is my refuge and my defender. He will not let me be put to shame.

Day 3: Isaiah 46:13

"I am bringing my righteousness near, it is not far away; and my salvation will not be delayed. I will grant salvation to Zion, my splendor to Israel."

Prayer: Father, thank You that Your justice is not delayed. Act swiftly on behalf of my children. Bring salvation to our family. I trust in Your timing and Your perfect plan.

Declaration: Justice is coming. God will not delay.

Day 4: Psalm 46:1–3, 5

"God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging... God is within her, she will not fall; God will help her at break of day."

Prayer: Even when the earth shakes beneath me, I will not fear. You are my strength and steady place. Be with me in the courtroom. Speak through me and strengthen me when I feel faint.

Declaration: God is within me. I will not fall.

Day 5: 1 Samuel 17:47

"...All those gathered here will know that it is not by sword or spear that the Lord saves; for the battle is the Lord's."

Prayer: God, this battle is bigger than me—but it belongs to You. Fight on my behalf. Let every outcome reflect Your glory. Remind me that I am not alone in this fight.

Declaration: This battle belongs to the Lord. I am victorious through Him.

Day 6: Psalm 91 (with feminine pronouns)

"She who dwells in the shelter of the Most High will rest in the shadow of the Almighty.

She will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust.'

Surely He will save her from the fowler's snare and from the deadly pestilence. He will cover her with His feathers, and under His wings she will find refuge;

His faithfulness will be her shield and rampart.

She will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.

A thousand may fall at her side, ten thousand at her right hand, but it will not come near her.

She will only observe with her eyes and see the punishment of the wicked.

If she says, 'The Lord is my refuge,' and she makes the Most High her dwelling, no harm will overtake her, no disaster will come near her tent. For He will command His angels concerning her to guard her in all her ways; they will lift her up in their hands, so that she will not strike her foot against a stone.

She will tread on the lion and the cobra; she will trample the great lion and the serpent.

'Because she loves Me,' says the Lord, 'I will rescue her; I will protect her, for she acknowledges My name.

She will call on Me, and I will answer her; I will be with her in trouble, I will deliver her and honor her. With long life I will satisfy her and show her My salvation."

Prayer: Father, I take refuge in You. Shelter me from every accusation, every snare, every unseen attack. I trust in Your protection and provision. Let Your angels guard me and my children through every legal proceeding.

Declaration: No weapon formed against me will prosper. I dwell in safety because God is with me.

Day 7: Psalm 30:11–12

"You turned my wailing into dancing; you removed my sackcloth and clothed me with joy, that my heart may sing your praises and not be silent. Lord my God, I will praise you forever."

Prayer: Thank You, Lord, that this season of mourning is not the end of my story. Replace my grief with joy. Restore laughter and light to my children. Let us dance again, freely and unafraid.

Declaration: Joy is my inheritance. God is turning this around.

Connect + Support

Thank you for praying with me! You are not walking through this season alone.

If you'd like to support this work or connect further:

- YouTube: [@rosesfromashes](#)
- Venmo: [@RikkiShaw](#)
- Website: www.rosesfromashes.com